

**Dayton Area
Graduate Medical Education Community**

**Dayton, OH 45435
Phone: 937-245-7640 FAX: 937-245-7955/245-7956
www.dagmec.org**

Welcome to Dayton

Special thanks to the WSU Emergency Medicine Spouses Club for originally writing this information and making it available for all the residents in Dayton-area training programs!

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HELPFUL ORGANIZATIONS

- Beavercreek Chamber of Commerce426-2202
- Dayton & Montgomery County Convention & Visitors Bureau226-8248 or 800-221-8235
- Dayton Area Chamber of Commerce.....226-1444
- Huber Heights Chamber of Commerce.....233-5700
- Oakwood/Moraine/Kettering Chamber of Commerce.....299-3852
- Quarterly Guides to Festivals & Events..... 1-800-BUCKEYE

HELPFUL WEBSITES

- www.activedayton.com
- www.ci.beavercreek.oh.us
- www.ci.dayton.oh.us
- www.ci.oakwood.oh.us
- www.kettering.oh.org
- www.ohiotourism.com

DAYTON-AREA HOSPITALS

- Dayton Children's Medical Center**
One Children's Plaza, Dayton, 641-3000
- Good Samaritan Hospital**
2222 Philadelphia Drive, Dayton, 278-2612
- Grandview Hospital**
405 Grand Avenue, Dayton, 226-3200
- Greene Memorial Hospital**
1141 North Monroe Drive, Xenia, 429-3200 or 372-8011
- Kettering Medical Center**
3535 Southern Boulevard, Kettering, 298-4331
- Miami Valley Hospital**
One Wyoming Street, Dayton, 208-8000
- Southview Hospital**
1997 Miamisburg Centerville Road, Miamisburg, 439-6000
- Sycamore Hospital**
2150 Leiter Road, Miamisburg, 866-0551
- Veterans' Affairs Medical Center**
4100 West Third Street, Dayton, 268-6511
- Wright-Patterson Air Force Base Medical Center**
88th Medical Group, 4881 Sugar Maple Drive, Bldg. 830, WPAFB, 257-0837

ACTIVITIES FOR CHILDREN

Aullwood Audubon Center and Farm – 1000 Aullwood Road, Butler Township - 890-7360 (www.metroparks.org) - explore woods, streams, ponds, prairies, and meadows – includes an education center with a discovery room.

Boonshoft Museum of Discovery – 2600 DeWeese Parkway, Dayton - 275-7431 (www.boonshoftmuseum.org). Interactive museum with hands-on activities, programs and play areas for toddlers and up including a planetarium.. Highly recommend a membership which includes free admission to Boonshoft for one year and free or reduced admission to museums and zoos around the country (ask for the reciprocal list) – a great deal!



Brukner Nature Center – 5995 Horseshoe Bend Road, Troy - 698-6493 (<http://bruknernaturecenter.com>) touch tables, nature puzzles and games, animal exhibits, nature trails and 200 year-old log home. Free Monday through Saturday 9 am to 5pm - \$2 per family on Sunday 12:30 pm to 5 pm



Five Rivers MetroPark System

(www.metroparks.org) - see Metro Park Guide or website for description of parks and locations and the “Metro Parkways” bimonthly calendar of programs and events (available at any MetroPark) – of special interest for children:

- *Carriage Hill* – 1880’s living history farm with animals, interactive room and country store
- *Cox Arboretum & Gardens* (434-9005). Children’s’ programs. Reservations required – call early they fill up fast!
- *Horseback riding centers* are located at Carriage Hill (878-8940) and Sugarcreek (438-5569) MetroParks – they offer lessons, trail rides, pony rides and wagon rides
- *Parent and Preschool Programs* (ages 3-5) – many offered at various locations – check the website or Metro Parkways calendar – call early they fill up fast!
- *Possum Creek MetroPark Farm* – farm animals, play area, walking trail – “Kid’s Corral” every Saturday and Sunday 1-4 pm to get up close and personal with the animals



Kettering Recreation Center – 2900 Glengarry Drive, Kettering - 296-2587 (www.kettering.oh.org) - Water Raves water park, many programs and classes offered for preschoolers through teens including summer camps

Magic Castle & Rollandia Golf Center – 4990 Wilmington Pike, Kettering – 434-4911. Food and games including an indoor play gym, putt-putt golf, a driving range, and batting cages for the big kids, too

Quest Theatre – 6255 Far Hills Ave, Dayton - 436-9990 (www.questtheatre.com) - live stage shows for preschoolers and up

The Point - 6911 Frederick Pike, Dayton - 454-9405 - The Point is a YMCA Early Childhood Center located at Stillwater United Methodist Church. They have a spectacular play land (similar to McDonalds, except much cleaner). It is great for the crawlers (the floor is carpeted) through climbers (lots of slides and tunnels). Best of all, it’s free! The Point is a wonderful place to play on cold or rainy days. In addition, there is an area to eat (with a microwave).

U.S. Air Force Museum – see museums

Vandalia Recreation Center – 1111 Stonequarry Road, Vandalia – 890- 7709 (www.ci.vandalia.ohio.us). Features an indoor zero-depth entry pool with interactive activities for all ages including a twisting water slide. Call for hours—they vary by season

YMCA – various locations – offer children’s programs including swim lessons (membership not required for some programs).

Young’s Jersey Dairy – 6880 Springfield-Xenia Road, Yellow Springs – 325-7009 (www.youngsdairy.com). Farm animal petting area, miniature golf, corn maze, wagon rides, fall festival and pumpkin patch, dairy store with homemade ice cream and restaurant – some attractions are seasonal – call for schedule



A web-site designed with events and activities for kids in the Dayton area: <http://www.daytonkidscorridor.com/>

AMUSEMENT PARKS

Cedar Point – One Cedar Point Drive, Sandusky, 1-800-BESTFUN (www.cedarpoint.com) Lake front amusement park on Lake Erie - features rides, musical show, log water rides and several large roller coasters. Facilities for swimming, picnicking, boating, large motel on grounds.



King's Island - 800-288-0808 (www.pki.com) - located just north of Cincinnati - largest theme park in the Midwest, features the "Beast" - one of the fastest, largest, and longest wooden roller coasters in the world; replica of the Eiffel Tower and water park – about a one hour drive from Dayton.

Splash Moraine – 3800 Main St., Moraine 535-1100 (www.splashmoraine.com) - wave pool, slides, lazy river, kids' pool with interactive play features.

The Beach Waterpark - 2590 Waterpark Drive, Cincinnati – 1-800-886-SWIM (www.thebeachwaterpark.com). Located 20 minutes north of downtown Cincinnati – less than a one hour drive from Dayton.

GROCERY STORES

The primary grocery store chains in the area are **Kroger**, **Cub Foods** and **Meijer**. In addition, there are the following:

Dorothy Lane Market (www.dorothylane.com)

2710 Far Hills Avenue, Oakwood, 299-3561
6159 Far Hills Avenue, Washington Township, 434-1294
740 N. Main Street, Springboro, 748-6800

DLM is an amazing grocery store with a wonderful deli, bakery, produce and seafood/meat departments, a large selection of gourmet prepared foods, a good selection of wines and a large selection of specialty grocery items that are difficult to find elsewhere

Jungle Jim's (www.junglejims.com) - 5440 Dixie Hwy, Fairfield, OH, 45014, 513-674-6000. Huge selection of food items from around the world.

Trader Joe's – 328 E. Stroop Road, 294-5411. This is more of a specialty food store than a full scale grocery store. They have many staples along with specialty foods and wines at great prices with great customer service.

MUSEUMS

Boonshoft Museum of Discovery – 2600 DeWeese Parkway, Dayton - 275-7431 (www.boonshoftmuseum.org), Interactive museum with hands-on activities, programs and play areas for toddlers and up including a planetarium.

Cincinnati Museum Center – 1301 Western Ave., Cincinnati – 513-287-7000 or 800-733-2077 (www.cincymuseum.org) - includes Cincinnati History Museum, Cinergy Children's Museum, Museum of Natural History and Science, and OMNIMAX Theater. About one hour from Dayton

COSI (Center of Science and Industry) Columbus – 333 W. Broad Street, Columbus – 877-257-COSI (www.cosi.org) - interactive exhibits and hands on activities make this a great museum for children and adults – includes activities for toddlers through adults. About one hour from Dayton

Dayton Art Institute – 456 Belmonte Park North, Dayton, 223-5277 (www.daytonartinstitute.org). Free admission, some special exhibits have fees. Discovery room for kids, full service café and museum store.

Dayton Visual Arts Center – 40 West Fourth Centre, Dayton (corner of 4th and Ludlow) – 224-3822 – region's leading contemporary gallery space and artists' organization – free admission.

Indianapolis Children's Museum – 3000 N. Meridian St., Indianapolis – 1-800-208-KIDS (www.childrensmuseum.org). This is one of the largest children's museums in the world – five-level, 10-gallery museum features interactive and hands-on exhibits. About two hours from Dayton.

U.S. Air Force Museum – Wright-Patterson Air Force Base, off Springfield Pike at Gate 28B, 255-3286

(www.nationalmuseum.af.mil/). Open every day except Thanksgiving, Christmas, and New Year's Day. Free admission; largest and oldest military aviation museum in the world - IMAX theater on site (call 253-IMAX for ticket prices). A MUST SEE for all your guests who visit Dayton!



PARKS

Beavercreek Parks, Recreational and Culture Department. For information on parks and park activities call 427-5514 or visit www.ci.beavercreek.oh.us



Carillon Park – 100 Carillon Blvd., Dayton – 293-2841 (www.carillionpark.org). More than a park – a museum of local history. Located just south of downtown Dayton, open May 1 - October 31. A 65 acre, outdoor museum includes exhibits of a Wright Brothers' plane and Dayton automobiles.

Dayton City Parks, Recreation and Culture. For information on parks and park activities call 333-4800 or visit www.cityofdayton.org.

Five Rivers MetroPark System – 275-7275 (www.metroparks.org) – see Metro Park Guide or website for description of parks and locations and the “Metro Parkways” bimonthly calendar of programs and events (available at any MetroPark or online). A fabulous collection of parks, programs and activities including over 240 miles of bike, walking and hiking trails

John Bryan State Park - 3970 St. Rt. 370 at Rt. 343, Yellow Springs, 767-1274; 900 acres of park running along the Little Miami River through Clifton Gorge; features picnicking, camping, hiking, swimming pool, fishing, canoeing, nature programs; cross-country skiing and sledding in the winter.

Kettering Parks and Recreation. A huge offering of sports, activities, art classes, cultural events. swimming, ice skating and more. (www.ketteringoh.org/depts/prca/parks/index.shtml)

PERFORMING ARTS

Dayton Ballet Company – 449-5060; performs at the Schuster Center

Dayton Playhouse – 1301 E. Siebenthaler Ave, Dayton – 333-7469 (www.daytonplayhouse.com)

Fraze Pavilion – 695 Lincoln Park Blvd, Kettering – 297-3720 (www.fraze.com). Summer outdoor concert series including a wide range of popular artists

Ohio Renaissance Festival – State Route 73, Harveysburg (between Dayton and Cincinnati) – 513-897-7000 (www.renfestival.com). A 16th century English village with entertainment, crafts and food. Runs late August through mid-October.



Schuster Performing Arts Center. State-of-the-art facility that hosts national and international entertainment. Home of the Dayton Opera and the Dayton Philharmonic Orchestra. Downtown Dayton. (<http://www.schustercenter.org/>)

Victoria Theatre Association – 138 North Main Street, 228-3630 – live theatre, includes Broadway show series and the largest and oldest performing arts series for children ages 5-9 – performances takes place at the Victoria Theatre, Schuster Center, and the Loft Theatre. (www.ticketcenterstage.com)

SHOPPING MALLS

Cincinnati Premium Outlets (www.premiumoutlets.com). In Monroe, OH, which is north of Cincinnati. Discover upscale outlet shopping with an impressive collection of 100 designer and name brand outlet stores.

Dayton Mall – 2700 Miamisburg- Centerville Road, Centerville; 433-9833 - anchor stores include Macy's, Elder-Beerman, JC Penney, and Sears as well as all the other typical mall stores Area surrounding the mall includes many other stores such as Toys-R-Us, Burlington Coat Factory, Michael's Arts and Crafts, Hobby Lobby, Target, and Walmart.



Fairfield Commons Mall – 2727 Fairfield Commons (located on Fairfield Road just off I-675 in Beavercreek) – 427-4300 – anchor stores include Macy's Elder-Beerman, JC Penney, and Sears as well as all the other typical mall stores. Area surrounding the mall includes many other stores such as Toys-R-Us, Kohl's, Barnes and Noble, Bed Bath and Beyond, Michael's Arts and Crafts, JoAnn's Fabric, Target, and Walmart.

Prime Outlets, Jeffersonville – 1-800-746-7644 (www.primeoutlets.com) - just take Route 35 east and you can't miss the outlet – approximately 45 minutes from Dayton.

The Greene – 51 Plum Street, Beavercreek; 490-4900 – retail stores including Ann Taylor Loft, Banana Republic, Books & Company, Coldwater Creek – many restaurants. During summer months, a lot of free outdoor entertainment at the town square.

Town & Country Shopping Center - 100 East Stroop Road, Kettering (corner of Stroop and Far Hills). Small shopping center that includes Stein Mart, Roderers Shoe Store (carry Stride Rite for children), Books & Co., and Trader Joe's.

SPORTS & FITNESS

Canoe Rental – Fyffe's, 3234 Washington Mill Road, Bellbrook, 848-4812

Cross-country skiing – contact area golf courses for information

Dayton Cycling Club – Contact the International Pro Bicycle Shop in Bellbrook, 848-8466, for more information; primarily a racing club



Dayton Dragons – Fifth Third Field, Dayton – 228-BATS (www.daytondragons.com) - Dayton's professional baseball team. Tickets are sold out every year. Great family fun!

Downhill Skiing – Mad River Mountain, Bellefontaine, 937-599-1015

(www.skimadriver.com) - artificial snow, lodge and restaurant, swimming and ski shop. About one hour from Dayton.

Golf – Dayton has several public golf courses. Look in the Yellow Pages of the telephone book under GOLF for the courses nearest you.

Kettering Recreational Center – 2900 Glengarry Drive, Kettering - 296-2587 (www.ketteringoh.org). Year-round swimming (indoors – winter, outdoors – summer), aerobics classes, weight room, ice hockey. Residents of Kettering and anyone employed in Kettering receive discounted fees.

River Bikeway – 463-2707 (www.bikemiamivalley.org) From Dayton to Harrison Township, this trail stretches 24 miles north and south along the Great Miami and Stillwater rivers

Urban Krag Climbing Center – 125 Clay Street, Dayton, 224-5724 (www.urbankrag.com). Indoor climbing center

ZOOS AND AQUARIUMS

Cincinnati Zoo – 3400 Vine Street, Cincinnati – 513-281-4700 (www.cincy zoo.org), Open year round – great polar bear exhibit, about a one hour drive from Dayton. Great holiday lights program, too.

Columbus Zoo and Aquarium – 9990 Riverside Drive, Columbus – 1-800-MONKEYS (www.columbuszoo.org). About a one hour drive from Dayton



Indianapolis Zoo – 1200 W.

Washington Street, Indianapolis – 317-630-2001 (www.indyzoo.com). 64 acre zoo with simulated habitats – about a 2 hour drive from Dayton.

Newport Aquarium – One Aquarium Way, Newport Kentucky – 800-406-fish – (www.newportaquarium.com). 100,000 square foot, state of the art facility with 11,000 aquatic creatures including 200 feet of tunnels. Just across the bridge from downtown Cincinnati.